

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: STZ

Coachinfo: Warming up from: 07:30 untill 08:35. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vekeman Christophe

Coaches: Januarius Bart

Coaches: Mens Jennifer

Coaches: Chrispeels Sarah

Coaches: Leemans Mats

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:6, starttime: 08:57
Heat: 6/19 Lane : 7 Athlete: GHISLAIN ANTOINE			Q-time: 01:38:25
PB (50m pool): 01:34.91 Antwerpen 19/04/2026			PB (25m pool): 01:34.59 SB: 01:34.91 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:44.52	01:34.91	
	00:44.52	00:50.39	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:6, starttime: 08:57
Heat: 6/19 Lane : 9 Athlete: HAAN ALEXANDER			Q-time: 01:40:71
PB (50m pool): 01:40.71 Gent 08/02/2026			PB (25m pool): 01:37.35 SB: 01:40.71 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:48.63	01:40.71	
	00:48.63	00:52.08	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:7, starttime: 08:59
Heat: 7/19 Lane : 3 Athlete: LOUCKX TIM			Q-time: 01:34:52
PB (50m pool): 01:34.52 Gent 08/02/2026			PB (25m pool): 01:34.53 SB: 01:34.52 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:45.01	01:34.52	
	00:45.01	00:49.51	
			

Coach feedback:

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Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:8, starttime: 09:01
Heat: 8/19 Lane : 1 Athlete: DOBBELEIRE NIELS			Q-time: 01:32:64
PB (50m pool): 01:32.64 Antwerpen 15/03/2026			PB (25m pool): 01:35.48 SB: 01:32.64 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:44.20	01:32.64	
	00:44.20	00:48.44	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:8, starttime: 09:01
Heat: 8/19 Lane : 2 Athlete: SAADEH NAYIM			Q-time: 01:32:45
PB (50m pool): 01:30.13 Antwerpen 19/04/2026			PB (25m pool): 01:32.59 SB: 01:30.13 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:42.74	01:30.13	
	00:42.74	00:47.39	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:9, starttime: 09:03
Heat: 9/19 Lane : 3 Athlete: WIELEMAN ROBBE			Q-time: 01:28:08
PB (50m pool): 01:26.64 Antwerpen 19/04/2026			PB (25m pool): 01:23.68 SB: 01:26.64 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:39.67	01:26.64	
	00:39.67	00:46.97	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:10, starttime: 09:05
Heat: 10/19 Lane : 2 Athlete: VANDERGUCHT JONAS			Q-time: 01:25:58
PB (50m pool): 01:25.58 Molenbeek 01/02/2026			PB (25m pool): 01:24.13 SB: 01:25.58 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:25.58	
	no time		
			

Coach feedback:

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Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:10, starttime: 09:05
Heat: 10/19 Lane : 3 Athlete: DE HAES TIBO			Q-time: 01:24:74
PB (50m pool): 01:22.66 Antwerpen 19/04/2026			PB (25m pool): 01:25.20 SB: 01:22.66 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:37.45	01:22.66	
	00:37.45	00:45.21	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:11, starttime: 09:07
Heat: 11/19 Lane : 2 Athlete: PEETERS KOBE			Q-time: 01:23:33
PB (50m pool): 01:23.33 Molenbeek 01/02/2026			PB (25m pool): 01:27.08 SB: 01:23.33 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:23.33	
	no time		
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:12, starttime: 09:09
Heat: 12/19 Lane : 2 Athlete: VEKEMAN KWINTE			Q-time: 01:21:72
PB (50m pool): 01:21.72 Antwerpen 15/03/2026			PB (25m pool): 01:20.57 SB: 01:21.72 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:38.45	01:21.72	
	00:38.45	00:43.27	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:13, starttime: 09:10
Heat: 13/19 Lane : 0 Athlete: VANHASSEL MATHIAS			Q-time: 01:20:58
PB (50m pool): 01:20.58 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:17.16 SB: no time
	5 0 M	1 0 0 M	
PB	00:37.43	01:20.58	
	00:37.43	00:43.15	
			

Coach feedback:

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Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:13, starttime: 09:10
Heat: 13/19 Lane : 4 Athlete: TUBBE XANDER			Q-time: 01:19:69
PB (50m pool): 01:19.69 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:18.44 SB: no time			
	5 0 M	1 0 0 M	
PB	00:36.97	01:19.69	
	00:36.97	00:42.72	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:14, starttime: 09:12
Heat: 14/19 Lane : 4 Athlete: HALLET BRENT			Q-time: 01:17:60
PB (50m pool): 01:17.60 Molenbeek 01/02/2026 PB (25m pool): 01:15.18 SB: 01:17.60 Molenbeek 01/02/2026			
	5 0 M	1 0 0 M	
PB	no time	01:17.60	
	no time		
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:16, starttime: 09:16
Heat: 16/19 Lane : 5 Athlete: KENTIN SHANE			Q-time: 01:14:24
PB (50m pool): 01:14.24 Antwerpen 27/07/2025 PB (25m pool): 01:15.09 SB: 01:16.50 Antwerpen 22/03/2026			
	5 0 M	1 0 0 M	
PB	00:34.29	01:14.24	
	00:34.29	00:39.95	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:16, starttime: 09:16
Heat: 16/19 Lane : 6 Athlete: LESCRAUWAET MAX			Q-time: 01:14:87
PB (50m pool): 01:14.87 Antwerpen 08/03/2026 PB (25m pool): 01:13.35 SB: 01:14.87 Antwerpen 08/03/2026			
	5 0 M	1 0 0 M	
PB	00:34.71	01:14.87	
	00:34.71	00:40.16	
			

Coach feedback:

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Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:17, starttime: 09:17
Heat: 17/19 Lane : 5 Athlete: CLEYMANS TORBEN			Q-time: 01:04:94
PB (50m pool): 01:04.94 Antwerp 09/02/2025			PB (25m pool): 01:02.17 SB: 01:05.17 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:29.47	01:04.94	
	00:29.47	00:35.47	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:17, starttime: 09:17
Heat: 17/19 Lane : 7 Athlete: MEERT VINCE			Q-time: 01:11:16
PB (50m pool): 01:11.16 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:09.18 SB: 01:12.69 Luxembourg - Kirchberg 15/03/2026
	5 0 M	1 0 0 M	
PB	00:33.29	01:11.16	
	00:33.29	00:37.87	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:19, starttime: 09:21
Heat: 19/19 Lane : 6 Athlete: CLEYMANS KARSTEN			Q-time: 01:07:04
PB (50m pool): 01:07.04 Antwerpen 27/04/2025			PB (25m pool): 01:05.22 SB: 01:07.71 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:30.71	01:07.04	
	00:30.71	00:36.33	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:19, starttime: 09:21
Heat: 19/19 Lane : 7 Athlete: THIÉBAUT NOAH			Q-time: 01:10:65
PB (50m pool): 01:10.65 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:10.07 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.18	01:10.65	
	00:33.18	00:37.47	
			

Coach feedback:

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Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:1, starttime: 09:23
Heat: 1/18 Lane : 3 Athlete: LOUCKX CÉLIE			Q-time: 99:99:99
PB (50m pool): 01:42.81 Molenbeek 18/02/2024			PB (25m pool): 01:37.41 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:42.81	
	no time		
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:8, starttime: 09:39
Heat: 8/18 Lane : 1 Athlete: MECHROUBI YASMINA			Q-time: 01:38:11
PB (50m pool): 01:38.11 Antwerpen 08/03/2026			PB (25m pool): 01:40.19 SB: 01:38.11 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:46.19	01:38.11	
	00:46.19	00:51.92	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:10, starttime: 09:43
Heat: 10/18 Lane : 9 Athlete: GHISLAIN JULIETTE			Q-time: 01:34:93
PB (50m pool): 01:34.93 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:30.76 SB: no time
	5 0 M	1 0 0 M	
PB	00:43.33	01:34.93	
	00:43.33	00:51.60	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:13, starttime: 09:49
Heat: 13/18 Lane : 3 Athlete: DHONDT ANNELIEN			Q-time: 01:29:48
PB (50m pool): 01:29.48 Antwerpen 08/03/2026			PB (25m pool): 01:30.09 SB: 01:29.48 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:42.39	01:29.48	
	00:42.39	00:47.09	
			

Coach feedback:

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Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:13, starttime: 09:49
Heat: 13/18 Lane : 8 Athlete: GHISLAIN EMILIE			Q-time: 01:30:00
PB (50m pool): 01:30.00 Antwerpen 13/07/2025			PB (25m pool): 01:27.10 SB: 01:31.95 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	00:42.15	01:30.00	
	00:42.15	00:47.85	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:14, starttime: 09:51
Heat: 14/18 Lane : 6 Athlete: IANNINO VALENTINA			Q-time: 01:26:84
PB (50m pool): 01:26.84 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:22.08 SB: 01:28.84 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:40.32	01:26.84	
	00:40.32	00:46.52	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:18, starttime: 09:58
Heat: 18/18 Lane : 7 Athlete: HENNEAU LOTTE			Q-time: 01:22:05
PB (50m pool): 01:22.05 Molenbeek 01/02/2026			PB (25m pool): 01:20.17 SB: 01:22.05 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:22.05	
	no time		
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:1, starttime: 10:00
Heat: 1/14 Lane : 6 Athlete: SAADEH NAYIM			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:1, starttime: 10:00
Heat: 1/14 Lane : 7 Athlete: DOBBELEIRE NIELS			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:3, starttime: 10:05
Heat: 3/14 Lane : 3 Athlete: PEETERS KOBE			Q-time: 01:31:76
PB (50m pool): 01:31.76 Gent 08/02/2026 PB (25m pool): 01:41.83 SB: 01:31.76 Gent 08/02/2026			
	5 0 M	1 0 0 M	
PB	00:40.98	01:31.76	
	00:40.98	00:50.78	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:3, starttime: 10:05
Heat: 3/14 Lane : 8 Athlete: LESCRAUWAET MAX			Q-time: 01:41:35
PB (50m pool): 01:41.35 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:22.24 SB: no time			
	5 0 M	1 0 0 M	
PB	00:42.05	01:41.35	
	00:42.05	00:59.30	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:4, starttime: 10:07
Heat: 4/14 Lane : 2 Athlete: WIELEMAN ROBBE			Q-time: 01:27:02
PB (50m pool): 01:27.02 Molenbeek 01/02/2026 PB (25m pool): 01:37.29 SB: 01:27.02 Molenbeek 01/02/2026			
	5 0 M	1 0 0 M	
PB	no time	01:27.02	
	no time		
			

Coach feedback:

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Event number: 3: 100M BUTTERFLY MEN 11+			Heat:4, starttime: 10:07
Heat: 4/14 Lane : 5 Athlete: VANDERGUCHT JONAS			Q-time: 01:25:75
PB (50m pool): 01:25.75 Molenbeek 01/02/2026			PB (25m pool): 01:30.07 SB: 01:25.75 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:25.75	
	no time		
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:5, starttime: 10:09
Heat: 5/14 Lane : 1 Athlete: LOUCKX TIM			Q-time: 01:24:76
PB (50m pool): 01:24.76 Gent 08/02/2026			PB (25m pool): 01:22.68 SB: 01:24.76 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:38.19	01:24.76	
	00:38.19	00:46.57	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:5, starttime: 10:09
Heat: 5/14 Lane : 2 Athlete: GHISLAIN ANTOINE			Q-time: 01:23:39
PB (50m pool): 01:23.39 Antwerpen 15/03/2026			PB (25m pool): 01:25.88 SB: 01:23.39 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:38.02	01:23.39	
	00:38.02	00:45.37	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:6, starttime: 10:11
Heat: 6/14 Lane : 4 Athlete: DE HAES TIBO			Q-time: 01:16:11
PB (50m pool): 01:12.80 Antwerpen 19/04/2026			PB (25m pool): 01:15.17 SB: 01:12.80 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:32.42	01:12.80	
	00:32.42	00:40.38	
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:7, starttime: 10:13
Heat: 7/14 Lane : 4 Athlete: TUBBE XANDER			Q-time: 01:13:33
PB (50m pool): 01:08.87 Antwerpen 19/04/2026			PB (25m pool): 01:07.04 SB: 01:08.87 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:30.11	01:08.87	
	00:30.11	00:38.76	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:8, starttime: 10:14
Heat: 8/14 Lane : 6 Athlete: VEKEMAN KWINTE			Q-time: 01:12:45
PB (50m pool): 01:12.45 Antwerpen 15/03/2026			PB (25m pool): 01:10.86 SB: 01:12.45 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:33.48	01:12.45	
	00:33.48	00:38.97	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:10, starttime: 10:18
Heat: 10/14 Lane : 1 Athlete: KENTIN SHANE			Q-time: 01:07:66
PB (50m pool): 01:07.66 Molenbeek 01/02/2026			PB (25m pool): 01:09.99 SB: 01:07.66 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:07.66	
	no time		
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:11, starttime: 10:19
Heat: 11/14 Lane : 2 Athlete: VANHASSEL MATHIAS			Q-time: 01:05:30
PB (50m pool): 01:05.30 Antwerpen 13/07/2025			PB (25m pool): 01:04.52 SB: 01:06.80 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:29.76	01:05.30	
	00:29.76	00:35.54	
			

Coach feedback:

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Event number: 3: 100M BUTTERFLY MEN 11+			Heat:11, starttime: 10:19
Heat: 11/14 Lane : 4 Athlete: CLEYMANS TORBEN			Q-time: 01:04:87
PB (50m pool): 01:04.87 MOUSCRON 29/05/2025			PB (25m pool): 01:01.64 SB: 01:08.39 Amersfoort 22/02/2026
	5 0 M	1 0 0 M	
PB	00:30.64	01:04.87	
	00:30.64	00:34.23	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:12, starttime: 10:21
Heat: 12/14 Lane : 4 Athlete: THIÉBAUT NOAH			Q-time: 00:55:75
PB (50m pool): 00:55.75 Antwerpen 27/04/2025			PB (25m pool): 00:57.14 SB: 00:56.99 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:25.84	00:55.75	
	00:25.84	00:29.91	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:12, starttime: 10:21
Heat: 12/14 Lane : 7 Athlete: MEERT VINCE			Q-time: 01:02:97
PB (50m pool): 01:02.97 Luxembourg - Kirchberg 15/03/2026			PB (25m pool): 01:02.59 SB: 01:02.97 Luxembourg - Kirchberg 15/03/2026
	5 0 M	1 0 0 M	
PB	00:28.35	01:02.97	
	00:28.35	00:34.62	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:13, starttime: 10:22
Heat: 13/14 Lane : 8 Athlete: CLEYMANS KARSTEN			Q-time: 01:03:26
PB (50m pool): 01:02.85 Lago Gent Rozebroeken 07/05/2023			PB (25m pool): 01:02.22 SB: 01:05.58 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:02.85	
	no time		
			

Coach feedback:

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Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:1, starttime: 10:25
Heat: 1/11 Lane : 0 Athlete: MECHROUBI YASMINA			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:3, starttime: 10:30
Heat: 3/11 Lane : 2 Athlete: GHISLAIN EMILIE			Q-time: 01:29:20
PB (50m pool): 01:29.20 Molenbeek 01/02/2026 PB (25m pool): 01:34.15 SB: 01:29.20 Molenbeek 01/02/2026			
	5 0 M	1 0 0 M	
PB	no time	01:29.20	
	no time		
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:4, starttime: 10:32
Heat: 4/11 Lane : 1 Athlete: HENNEAU LOTTE			Q-time: 01:26:67
PB (50m pool): 01:26.67 Molenbeek 01/02/2026 PB (25m pool): 01:25.30 SB: 01:26.67 Molenbeek 01/02/2026			
	5 0 M	1 0 0 M	
PB	no time	01:26.67	
	no time		
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:4, starttime: 10:32
Heat: 4/11 Lane : 6 Athlete: GHISLAIN JULIETTE			Q-time: 01:25:54
PB (50m pool): 01:25.54 Molenbeek 01/02/2026 PB (25m pool): 01:21.25 SB: 01:25.54 Molenbeek 01/02/2026			
	5 0 M	1 0 0 M	
PB	no time	01:25.54	
	no time		
			

Coach feedback:

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Event number: 4: 100M BUTTERFLY WOMEN 11+				Heat:6, starttime: 10:35	
Heat: 6/11 Lane : 6 Athlete: IANNINO VALENTINA				Q-time: 01:18:91	
PB (50m pool): 01:18.91 Antwerp 26/01/2025				PB (25m pool): 01:14.79 SB: 01:22.07 Molenbeek 01/02/2026	
	5 0 M	1 0 0 M			
PB	00:34.47	01:18.91			
	00:34.47	00:44.44			
					

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+				Heat:8, starttime: 10:39	
Heat: 8/11 Lane : 6 Athlete: LOUCKX CÉLIE				Q-time: 01:15:18	
PB (50m pool): 01:15.18 Woluwe-Saint-Pierre 29/03/2025				PB (25m pool): 01:13.35 SB: 01:17.65 Antwerpen 19/04/2026	
	5 0 M	1 0 0 M			
PB	no time	01:15.18			
	no time				
					

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+				Heat:10, starttime: 10:42	
Heat: 10/11 Lane : 7 Athlete: AELEN BENTE				Q-time: 01:10:94	
PB (50m pool): 01:10.94 Antwerpen 08/03/2026				PB (25m pool): 01:12.85 SB: 01:10.94 Antwerpen 08/03/2026	
	5 0 M	1 0 0 M			
PB	00:33.10	01:10.94			
	00:33.10	00:37.84			
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:1, starttime: 10:46	
Heat: 1/12 Lane : 1 Athlete: DE HAES TIBO					Q-time: 99:99:99	
PB (50m pool): 03:11.85 Lago Gent Rozebroeken 05/05/2024					PB (25m pool): 02:59.15 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	no time	no time	no time	03:11.85		
	no time					
						

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:2, starttime: 10:50
Heat: 2/12 Lane : 7 Athlete: LOUCKX TIM					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 02:54.55 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:2, starttime: 10:50
Heat: 2/12 Lane : 8 Athlete: HAAN ALEXANDER					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:07.30 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:3, starttime: 10:55
Heat: 3/12 Lane : 8 Athlete: TUBBE XANDER					Q-time: 99:99:99
PB (50m pool): 02:54.88 Lago Gent Rozebroeken 01/05/2022 PB (25m pool): 02:52.99 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:54.88	
	no time				
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:4, starttime: 11:00
Heat: 4/12 Lane : 1 Athlete: VEKEMAN KWINTE					Q-time: 99:99:99
PB (50m pool): 03:24.66 Lago Gent Rozebroeken 07/05/2023 PB (25m pool): 03:04.53 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:24.66	
	no time				
					

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:6, starttime: 11:09
Heat: 6/12 Lane : 6 Athlete: GHISLAIN ANTOINE					Q-time: 02:57:13
PB (50m pool): 02:57.13 Molenbeek 01/02/2026 PB (25m pool): 03:00.38 SB: 02:57.13 Molenbeek 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:27.31	no time	02:57.13	
	no time				
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:8, starttime: 11:16
Heat: 8/12 Lane : 5 Athlete: LESCRAUWAET MAX					Q-time: 02:41:56
PB (50m pool): 02:41.56 Antwerpen 20/07/2025 PB (25m pool): 02:33.82 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.75	01:18.22	01:59.96	02:41.56	
	00:37.75	00:40.47	00:41.74	00:41.60	
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:9, starttime: 11:20
Heat: 9/12 Lane : 1 Athlete: HALLET BRENT					Q-time: 02:40:01
PB (50m pool): 02:40.01 Charleroi 11/05/2025 PB (25m pool): 02:32.98 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.30	01:18.32	01:59.90	02:40.01	
	00:38.30	00:40.02	00:41.58	00:40.11	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:1, starttime: 11:33
Heat: 1/16 Lane : 3 Athlete: MECHROUBI YASMINA					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 02:56.44 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:2, starttime: 11:38
Heat: 2/16 Lane : 2 Athlete: GHISLAIN EMILIE					Q-time: 99:99:99
PB (50m pool): 03:02.75 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 02:55.26 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:02.75	
	no time				
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:3, starttime: 11:42
Heat: 3/16 Lane : 4 Athlete: DHONDT ANNELIEN					Q-time: 99:99:99
PB (50m pool): 02:57.21 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:41.73 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.71	01:28.31	02:14.34	02:57.21	
	00:42.71	00:45.60	00:46.03	00:42.87	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:5, starttime: 11:52
Heat: 5/16 Lane : 9 Athlete: LOUCKX CÉLIE					Q-time: 99:99:99
PB (50m pool): 03:06.09 Molenbeek 18/02/2024 PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:06.09	
	no time				
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:11, starttime: 12:16
Heat: 11/16 Lane : 6 Athlete: IANNINO VALENTINA					Q-time: 02:50:34
PB (50m pool): 02:50.34 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:38.31 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.01	01:24.04	02:08.37	02:50.34	
	00:40.01	00:44.03	00:44.33	00:41.97	
					

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 6: 200M BACKSTROKE WOMEN 11+				Heat:16, starttime: 12:34	
Heat: 16/16 Lane : 8 Athlete: AELEN BENTE				Q-time: 02:32:22	
PB (50m pool): 02:32.22 Antwerpen 20/07/2025				PB (25m pool): 02:29.25 SB: 02:34.90 Antwerpen 08/03/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.82	01:14.87	01:55.36	02:32.22	
	00:35.82	00:39.05	00:40.49	00:36.86	
					

Coach feedback: